



The H.O.P.E. Workshop from Workplace Healing LLC

An Innovative Approach to Healing in the Workplace

Workplace Healing LLC, co-founded by Mindy Corporon and Lisa Cooper, provides heart and head-based communication training for employers on how to respond to and interact with an employee whose life has been affected by grief, trauma, or a life disruption.

The 90 minute H.O.P.E. Workshop includes four training modules:

H – Heart-Based Healing

O – Opportunities for Healing

P – Personalized Purpose

E – Employee/Employer Engagement.

The innovative training presented by Mindy Corporon and Lisa Cooper from Workplace Healing includes education, interactive activities, and guidelines for corporate leaders, managers, and supervisors regarding the “do’s and don’ts” with an employee returning to work after a life disruption.

Key Corporate Workshop takeaways:

- Attendees will learn how to interact with an employee affected by a trauma/life disruption
- Attendees will practice ABLE™ conversation skills for uncomfortable grief/trauma related conversations
- Attendees will obtain working knowledge and practical tools to support the re-integration of an employee into the workplace
- Recognizing the significance of purpose in today’s talent recruitment and employee retention needs, attendees will experience a personal reflection on finding their own purpose and receive tips for how to duplicate that experience with their employees
- Attendees will create an Employee/Employer Engagement Plan for immediate implementation
- Attendees will gain confidence in knowing that their business can continue to prosper after a life disruption affects a team member



Mindy Corporon Bio:

An entrepreneur and former CEO of a successful wealth management firm, Mindy began her career as an office assistant. She was a single mother, dealing with divorce and had experienced a life-threatening illness.

Reaching the pinnacle of her professional career, Mindy was in the middle of raising two talented boys when tragedy struck. Mindy's father and oldest son were murdered by a white-supremacist intent on killing Jews.

Mindy's life purpose changed from guiding people financially to helping people find space to learn about our differences and discover commonalities. With compassion and forgiveness, Mindy shares her experience of loss as a daughter and a mother, a wife and co-worker both nationally and internationally. (www.mindycorporon.com) Mindy encourages and motivates audiences to overcome life's challenges, one day at a time.

Along with her family, Mindy started the Faith Always Wins Foundation (www.faithalwayswins.org) promoting dialogue for the betterment of our world through kindness, faith and healing. The Foundation engages local and regional communities, businesses, cities and schools in SevenDays® Make a Ripple, Change the World, an experience which provides opportunities for all people to increase kindness through knowledge, mindset and behaviors.

As a co-founder of Workplace Healing LLC, Mindy's vision is changing our corporate culture from primarily a head-based environment to include a path for heart-based conversations. Life disruptions touch every human. Our co-workers have the unique ability to be part of our healing strategy when they know what to say and when to say it.



Lisa Cooper Bio:

As a former marketing professional, Lisa Cooper has always had a gift for communicating. She earned a reputation in the advertising industry for driving creative solutions to clients' business problems as she led the marketing campaigns for Fortune 500 companies and small businesses alike. She built upon her corporate success by launching a consulting practice and sharing her expertise teaching graduate-level marketing classes.

Her mother's death sparked a life transformation that produced her most rewarding professional accomplishment. Based on her personal experiences with grief and hope, Lisa was motivated to help others ease the pain of loss and help their grieving hearts to heal.

Lisa wrote about her experiences and relationship with her mother in *You Are My Voice: How Love's Voice Never Dies*, an inspirational memoir. Lisa is a speaker and workshop facilitator creating communities of healing on topics, such as *How Love Never Dies* and *Balancing the Head and Heart after Loss*, and offers one-on-one mentoring to help people transition from grief to hope.

(www.lisakcooper.com).

As a co-founder of Workplace Healing LLC, Lisa assists corporate leaders in recognizing the delicate balance of head and heart in the workplace and the importance of empathy after an employee's life has been disrupted by grief or trauma. Lisa believes that workplace teams have the ability to become an important step in an employee's healing journey so that business can continue to prosper after a life disruption affects a team member.

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